Monday, October 20, 2003

Freedom Rest R&R site opens for business

Story and photo by Sgt. Christopher Stanis, 1 AD PAO

BAGHDAD, Iraq -- The ribbon was cut for the grand opening of Task Force 1st Armored Division's Freedom Rest recreational center during a ceremony Oct. 17 in Baghdad, Iraq.

Thousands of soldiers have spent the last six months or more in Iraq and many have at least six more to go.

Many are at the point of receiving two weeks of leave to go home, Stateside or Germany. Others are getting the opportunity to go for a week of rest and relaxation in Qatar.

While there are options for R&R, not every soldier in TF 1AD will have an opportunity to take advantage of these options.

That was the motive behind Freedom Rest, a project passed down to the division from Coalition Joint Task Force-7.

"It's our commanding general's desire that everybody have the opportunity to do something," said Lt. Col. Dennis Slagter, 1AD G-1 (Personnel) officer. "And we know that we can't get all of our soldiers on R&R leave, or all of our soldiers to Qatar, so this recreation center bridges that gap."

The former Republican Guard Officers' Club offers soldiers three days and two nights to get away from the action with facilities that include a fitness center, swimming pool, game room; Internet café, TV. and movie room, indoor and outdoor movie theaters, outdoor basketball, tennis and volleyball courts and a flag football and soccer field.

Additionally, Slagter said commercial-grade linens and wall lockers were purchased to give soldiers as close to a real hotel experience as possible in the bunk bedded six-to-eight-person rooms.

"I think it's a great place," said Pfc. Lydia Flores, a supply specialist with Headquarters and Headquarters Company, 1st Battalion, 501st Aviation Regiment. "It's a lot nicer than we expected it to be."

Flores was among the first group of soldiers to check in to hotel.

She said as great as Freedom Rest is, a few more days off and a "Class Six" (alcoholic beverage) favorite would make it perfect.

Because these soldiers remain in country, their absence from their units does not count against the total



Capt. Daniel Lowther and Sgt. 1st. Class Steven McCormick, Headquarters and Headquarters Company, 1AD Logistics Section (G4), try out the Freedom Rest buffet during grand opening celebrations Oct. 19.

force required to sustain operations - 90 percent strength, Slagter said. That means more soldiers can be sent at a time.

The facility can currently house 90 soldiers every three days, approximately 1,100 a month, he said. But that's just the beginning.

"We hope to grow that to about 150 per stay in the next 30 days," Slagter said.

Slagter said the assets used to get Freedom Rest up and running is representative of the whole task force.

"We used Iraqi vendors, Iraqi construction workers, National Guard construction workers, U.S. Army soldiers and even contracted civilians to bring this facility and its programs together," he said. "And we did it in record time - 45 days from start to finish."

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NEWS

U.S. May Offer N. Korea Security Pledge

BANGKOK, Thailand (AP) - President Bush said Sunday for the first time that the United States, China and other nations may try to defuse a crisis with North Korea by offering Pyongyang written security assurances in exchange for a commitment to scrap its nuclear weapons program.

Bush rejected North Korea's demand for a formal no-invasion treaty, saying, "That's off the table." But he left the door open for a security pledge, agreed to by several countries, that would fall short of an actual treaty.

Crowd Floods Mother Teresa Beatification

VATICAN CITY (AP) - More than a quarter-million people - rich and poor, royal and regular - flooded St. Peter's Square on Sunday for the beatification of Mother Teresa, honoring the nun who built shelters, orphanages and clinics around the world to care for those forsaken by everyone else.

Pope John Paul II presided over the open-air Mass but, for the first time in a major Vatican ceremony, was unable to utter a word of his homily, leaving other prelates to do so. In the few prayers he did say, his words were so slurred and shaky they could barely be understood.

Rice Avoids Questions on Top U.S. General

WASHINGTON (AP) - President Bush's national security adviser insisted Sunday that the U.S. fight against terrorism is not a war between Christianity and Islam, despite a top general's comments that seemed to say it is.

But Condoleezza Rice twice avoided a question about whether Bush will condemn statements by Army Lt. Gen. William G. Boykin, the deputy undersecretary of defense for intelligence.

SAFETY HEMTT TIRE EXPLOSION

We have had another soldier injured when a HEMTT Split Rim wheel exploded. This is the third accident of this type. One accident resulted in a "FATALITY."

Lessons Learned:

IAW TM 9-2320-279-20-2 - Wheel/Tire Assembly repair requires MOS 63S (Heavy Wheel Vehicle Mechanic)

- ✓ Task will be accomplished with proper equipment
- ✓ Inflation requires a tire cage
- √ 10-foot inflation hose, quick disconnect coupling

There is no approved field expedient method.

ENTERTAINMENT

Judge Said to Pen a Rap in Eminem Ruling

MOUNT CLEMENS, Mich. (AP) -- A judge has dismissed a defamation lawsuit filed by a former schoolmate of rapper Eminem - and she included a rap of her own to explain the ruling.

In a footnote to the opinion issued Friday, Judge Deborah Servitto added a 10-stanza rhyme, The Macomb Daily reported in Saturday's editions.

The verse stated, in part: "It is therefore this Court's ultimate position, that Eminem is entitled to summary disposition."

DeAngelo Bailey claimed that Eminem slandered him in the song "Brain Damage" from his 1999 disc "The Slim Shady LP."

The lyrics include: "I was harassed daily by this fat kid named DeAngelo Bailey. An eighth-grader who acted obnoxious, 'cause his father boxes. So every day he'd shove me into the lockers."

In the judge's opinion, however, Eminem's lyrics are "stories no one would take as fact, they're an exaggeration of a childish act."

Bailey, 32, had sought \$1 million from Eminem, 31, whose real name is Marshall Mathers III.

Bailey's attorney Byron Nolen said he was surprised at the ruling and its accompanying verse. "I don't know how the Court of Appeals would look at something like that," he said.

Chaplain's Thought for the Day: Are You Listening?

The story is told of Franklin Roosevelt, who often endured long receiving lines at the White House. He complained that no one really paid any attention to what was said.

One day, during a reception, he decided to try an experiment. To each person who came down the line and shook his hand, he murmured, "I murdered my grandmother this morning." The guests responded with phrases like, "Marvelous! Keep up the good work. We are proud of you. God bless you, sir."

It was not until the end of the line, while greeting the ambassador from Bolivia, that his words were actually heard. Not quite knowing what to say, the ambassador leaned over and whispered, "I'm sure she had it coming."

Have many times have you ever heard someone say, "Nobody ever listens to me!"? And how many people go through life frustrated because there truly is nobody who will take the time to really listen to what they have to say? Everybody wants to talk, but so few want to listen! Benjamin Franklin once said, "A pair of good ears will drink dry a hundred tongues."

Take to heart this instruction: "Let every man be quick to hear, slow to speak, slow to wrath." (James 1:19).

Take the time and effort to listen to those around you. It will show that you care, and who knows, you might even learn something in the process!

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myafn.n	myafn.net TV SCHEDULES: MONDAY, OCTOBER 20, 2003 As of: Sunday, October 19, 2003 8:23:47 AM								
Start Time	<u>SPORTS</u>	<u>ATLANTIC</u>	<u>SPECTRUM</u>	PACIFIC PACIFIC	<u>NEWS</u>	Start Time			
0:00			FAMILY TIES: - BATTLE OF THE SEXES (PT. 2)		M EET THE PRESS	0:00			
0:30			THE COSBY SHOW : - WHAT HE DID FOR LOVE			0:30			
1:00			CHIPS : - HGHFLYER		TIM RUSSERT	1:00			
2:00	NFL - WEEK 7: TITANS @ PANTHERS	ESPNEWS	RUGRATS: - THE WORD OF THE DAY/ JONATHON BABYSITS	ESPNEWS	FOX REPORT	2:00			
2:30		M LB - 2003 WORLD SERIES GM 2	SPONGEBOB SQUAREPANTS: - CLUB SPONGE BOB/ MY PRETTY SEAHORSE	MLB - 2003 WORLD SERIES GM 2		2:30			
3:00			THE SIM PSON : - SIM PSONS BIBLE STORIES		THIS WEEK	3:00			
3:30			HOME IMPROVEMENT: - CRAZY FOR YOU			3:30			
4:00			DAWSON'S CREEK: - ALL GOOD THINGS (PT. 1)		DATELINE INTERNATIONAL	4:00			
5:00	MAJOR LEAGUE SOCCER - COLUMBUS CREW @ DC UNITED		LAW & ORDER : - ENDURANCE		60 MINUTES	5:00			
6:00		M EET THE PRESS	CRITICAL RESCUE : - OFFICER DOWN	HEADLINE NEWS	CNN PRESENTS	6:00			
6:30				JUDGE JUDY		6:30			
7:00	ESPNEWS	HEADLINE NEWS	AM ERICAN CHOPPER	ACCESS HOLLYWOOD	LARRY KING LIVE	7:00			
7:25	201 112110	THE VEHICLE WELFT	AMERICAN CHOILER	GUIDING LIGHT	Butter time are	7:25			
	NFL PRIMETIME	ESPNEWS		GUIDING LIGHT					
7:30	NFL PRIMETIME		ALEEDY HOLLOW		17.11.00.00.00.00.00.00.00.00.00.00.00.00.	7:30			
8:00		SESAME STREET	SLEEPY HOLLOW		AT LARGE WITH GERALDO RIVERA				
8:13				GENERAL HOSPITAL		8:13			
9:00	SPORTSCENTER	DORA: THE EXPLORER		ZOOBOOMAFOO: - SAND CREATURES	ACCESS HOLLYWOOD	9:00			
9:30		WHEEL OF FORTUNE		DISNEY'S BUZZ LIGHTYEAR OF STAR COMMAND : - WIREWOLF		9:30			
10:00	SPORTSCENTER	THE OPRAH WINFEY SHOW : - BORN RICH	RUGRATS: - THE WORD OF THE DAY/ JONATHON BABYSITS	CYBERCHASE	BELTWAY BOYS	10:00			
10:30	PGA TOUR - CHRYSLER CLASSIC OF GREENSBORO: FINAL ROUND		SPONGEBOB SQUAREPANTS: - CLUB SPONGE BOB/ MY PRETTY SEAHORSE	TAINA	FOX NEWS WATCH	10:30			
11:00		ACCESS HOLLYWOOD	THE SIM PSON: - SIM PSONS BIBLE STORIES	JEOPARDY!	BULLS & BEARS	11:00			
11:25		GUIDING LIGHT				11:25			
11:30			HOM E IM PROVEMENT: - CRAZY FOR YOU	HEADLINE NEWS	CAVUTO ON BUSINESS	11:30			
11:52				PACIFIC REPORT		11:52			
12:00			DAWSON'S CREEK : - ALL GOOD THINGS (PT. 1)	ESPNEWS	DATELINE NBC	12:00			
12:13		GENERAL HOSPITAL		"		12:13			
12:30				HEADLINE NEWS		12:30			
12:52				PACIFIC REPORT		12:52			
13:00		HEADLINE NEWS	LAW & ORDER: - ENDURANCE	60 MINUTES	ACCESS HOLLYWOOD	13:00			
13:30	SPORTSCENTER	JUDGE JUDY	EATH & ORDER ENDORANGE	OO MINOTES	ACCESS HOLE! WOOD	13:30			
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14:00		TODAY	CRITICAL RESCUE : - OFFICER DOWN	NYPD BLUE: - ONE IN THE NUTS	GOOD MORNING AMERICA	14:00			
	MLB - 2003 WORLD SERIES GM 2 FLORIDA MARLINS @ NY YANKEES		AMERICAN CHOPPER	C.S.I.: MIAMI: - SIMPLE MAN		15:00			
16:00		ZOOBOOMAFOO: - SAND CREATURES	SLEEPY HOLLOW	HEADLINE NEWS	HEADLINE NEWS	16:00			
16:22				PACIFIC REPORT		16:22			
16:30		DISNEY'S BUZZ LIGHTYEAR OF STAR COMMAND : - WIREWOLF		TONIGHT SHOW WITH JAY LENO	CHANNEL ONE	16:30			
16:45					WORLD NEWS THIS MORNING	16:45			
17:00		CYBERCHASE			THE EARLY SHOW	17:00			
17:30		TAINA		THE LATE SHOW WITH DAVID LETTERMAN		17:30			
18:00		JEOPARDYI	RUGRATS: - THE WORD OF THE DAY/ JONATHON BABYSITS			18:00			
18:30	SPORTSCENTER	HEADLINE NEWS	SPONGEBOB SQUAREPANTS: - CLUB SPONGE BOB/ MY PRETTY SEAHORSE	ACCESS HOLLYWOOD		18:30			
19:00		ESPNEWS	THE SIM PSON: - SIM PSONS BIBLE STORIES	ALIEN	FOX NEWS LIVE	19:00			
19:30		HEADLINE NEWS	HOME IMPROVEMENT: - CRAZY FOR YOU			19:30			
20:00	BASEBALL TONIGHT	60 MINUTES	DAWSON'S CREEK : - ALL GOOD THINGS (PT. 1)		FOX NEWS	20:00			
20:30	NHL - MINNESOTA WILD @ DALLAS STARS					20:30			
21:00		NYPD BLUE: - ONE IN THE NUTS	LAW & ORDER : - TURNSTILE JUSTICE		FOX NEWS LIVE	2100			
21:15		KIT D DECE ONE IN THE NOTO	ENT & OND ENT - TONNOTHE SUCTION	JAWS 4: THE REVENGE	I OX NEWS EIVE	21:15			
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22:00	NEI PRII -	C.S.I.: MIAMI: - SIMPLE MAN	CRITICAL RESCUE: - OM INOUS WARNING		STUDIO B WITH SHEPARD SMITH	22:00			
22:30	NFL PRIMETIME					22:30			
23:00		HEADLINE NEWS	AM ERICAN CHOPPER	HEADLINE NEWS	INSIDE POLITICS	23:00			
23:30		TONIGHT SHOW WITH JAY LENO		ESPNEWS	HEADLINE NEWS	23:30			

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COWBOYS (4-1)	38	SAINTS (2-4)	45	PACKERS (3-3)	24
LIONS (1-4)	7	FALCONS (1-5)	17	₹ Q Q Q Q Q Q Q Q Q Q	34
RAVENS (3-2)	26	CHARGERS (0-5)	26	SBRONCOS (5-1)	20
BENGALS (1-4)	34	BROWNS (3-3)	20	VIKINGS (5-0)	28
EAGLES (2-3)	14	₹ PATRIOTS (4-2)	19	REDSKINS (3-3)	7
GIANTS (2-3)	10	DOLPHINS (4-1)	13	₩ BILLS (3-3)	24
TITANS (4-2)	37	C BEARS (1-4)	17	BUCCANEERS (3-2)	7
PANTHERS (5-0)	17	SEAHAWKS (4-1)	24	49ERS (2-4)	24
 JETS (1-4)	19			Marlins	1
TEXANS (2-3)	14	I I	I I	Yankees	6

